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APENDIX 1 - QUESTIONAIRE

Subject: Undangan untuk berpartisipasi dalam riset untuk tugas akhir perkuliahan

Perkenalkan saya mahasiswi tingkat akhir Magister Tech.Management President University. Saat ini saya melakukan penelitian tentang perilaku pencegahan stunting sebagai bagian dari tugas akhir. Berdasarkan data 2021, angka kejadian stunting di Indonesia 24.4% atau 1 dari 5 anak di Indonesia terindikasi stunting, sehingga kondisi ini menjadi salah satu problem kesehatan nasional.

Saya sangat menghargai partisipasi anda, data yang saya terima hanya akan digunakan untuk kebutuhan penelitian. Jika memerlukan informasi lanjut mengenai penelitian yang kami lakukan, anda bisa menghubungi contact person melalui email delajaskara@student.president.ac.id.

Demography

Usia :
Domisili (Kota & Provinsi) :
Jumlah anak dalam keluarga :
Pekerjaan :
Pendidikan Terakhir :
Pendapatan keluarga / bulan :

Jawablah pertanyaan berikut dengan memberikan tanda (√) pada kolom berikut

Keterangan

1 = Sangat Tidak Setuju (STS)

2 = Tidak Setuju (TS)

3 = Netral (N)

4 = Setuju (S)

5 = Sangat Setuju (SS)

No	Statement	1	2	3	4	5
<i>SUBJECTIVE NORMS</i>		STS	TS	N	S	SS
1	Cultural Influence Dokter / bidan selalu memberi saran kepada saya untuk menyusui bayi secara eksklusif.					
2	Cultural Influence					

	Orang tua saya selalu memberikan contoh menu makanan bergizi untuk keluarga					
3	Cultural Influence Suami saya selalu mengingatkan untuk memeriksakan kehamilan secara rutin					
4	Cultural Influence Teman/kerabat banyak memberikan inspirasi untuk bisa menyusui hingga 2 tahun					
5	Motivation to comply Saya berusaha untuk menyusui eksklusif selama 6 bulan karena dukungan dokter/bidan					
6	Motivation to comply Saya selalu memilih makanan sehat bergizi karena teladan dari orangtua					
7	Motivation to comply Saya rutin memeriksakan kehamilan karena dukungan serta pendampingan suami					
8	Motivation to comply Saya berusaha untuk menyusui hingga 2 tahun karena dukungan teman/kerabat					
9	Action Efficacy Saya selalu berkonsultasi ke dokter/bidan tentang keluhan kesehatan selama kehamilan					
10	Action Efficacy Saya selalu mencari informasi melalui website/internet tentang kesehatan / tumbuh kembang anak					
11	Accessibility Lokasi fasilitas kesehatan cukup dekat, sehingga saya mudah untuk mendapatkan informasi dan perawatan kesehatan.					
ATTITUDE TOWARD BEHAVIOR		STS	TS	N	S	SS
1	Emotional Evaluation Saya melakukan pencegahan terhadap stunting sejak awal kehamilan					
2	Trend to Behave					

	Kehamilan membuat saya selalu ingat untuk melakukan pola hidup sehat.					
3	Trend to Behave Saya selalu mengikuti panduan pada buku KIA (Kesehatan Ibu Anak) tentang panduan gizi seimbang selama kehamilan					
4	Affect (emotional / feeling) Saya merasa tenang jika melakukan pencegahan stunting sejak dini.					
5	Cognition (Thought) Saya meyakini bahwa pencegahan stunting akan berdampak positif pada masa depan anak.					
PERCEIVED BEHAVIOR CONTROL		STS	TS	N	S	SS
1	Self-efficacy Belief Saya yakin atas kemampuan saya sebagai ibu untuk melakukan pencegahan stunting					
2	Self-efficacy Belief Saya sulit berkonsultasi dengan tenaga kesehatan karena keterbatasan waktu yang saya miliki					
3	Perceived positive consequence Informasi bahwa program vaksinasi dapat mencegah stunting, memotivasi saya memenuhi jadwal vaksin untuk anak					
4	Perceived positive consequence Informasi tentang berbagai manfaat dari ASI (Air susu Ibu) memotivasi saya untuk menyusui hingga bayi berusia 2 tahun.					
5	Perceived social norms Mengetahui tingginya angka stunting di indonesia, memotivasi saya untuk mengetahui cara mencegah stunting					
6	Perceived Risk Informasi tentang buruknya resiko stunting membuat saya perlu melakukan upaya pencegahan stunting.					
INTENTION		STS	TS	N	S	SS
1	Benefit					

	Untuk memenuhi kecukupan nutrisi, maka saya akan memberikan MPAS (Makanan Pendamping ASI) padat gizi saat anak berusia tepat 6 bulan.					
2	Benefit Tumbuh kembang anak akan lebih optimal jika saya bisa mencegah stunting sedari awal.					
3	Side effect Karena stunting akan menyebabkan tubuh anak lebih pendek dari teman sebayanya, membuat saya berniat untuk mencegah stunting.					
4	Side effect Akibat stunting dapat menurunkan kecerdasan membuat saya termotivasi untuk mencegahnya.					
5	Reliability Menimbang keuntungan dan kerugian, saya memilih repot berusaha mencegah stunting daripada repot karena anak saya mengalami stunting.					
6	Social Influence Pengetahuan tentang anak yang mengalami stunting, membuat saya bersedia susah demi mencegah stunting.					
7	Social Influence Banyak tenaga kesehatan yang membicarakan bahaya stunting, membuat saya ikut melakukan upaya mencegah stunting					
BEHAVIOR		STS	TS	N	S	SS
1	Health Beliefs Saya melakukan pencegahan stunting selama kehamilan dengan selalu menjalankan saran dari tenaga kesehatan					
2	Health Beliefs Informasi bahwa anak stunting mudah terkena penyakit, memotivasi saya untuk melakukan pencegahan stunting					
3	Medication Beliefs					

	Karena stunting bersifat irreversible (tidak dapat diperbaiki) terutama setelah 1000 hari pertama kelahiran, saya menjaga asupan nutrisi sejak awal kehamilan.					
4	Medication Beliefs (necessity, concern) Informasi bahwa pengobatan stunting sangat kompleks membuat saya melakukan pencegahan stunting					
5	Previous Experience Saya cenderung merasakan manfaat pola makan sehat secara signifikan yang sebelumnya pernah saya lakukan					
6	Previous Experience Pengalaman sakit akibat pola makan yang buruk membuat saya ingin membiasakan anak saya untuk hidup sehat					
7	Environmental Evaluation Lingkungan sekitar saya telah melakukan aktifitas untuk mencegah stunting, sehingga saya cenderung mengikuti pola yang sama					
8	Environmental Evaluation Keluarga saya telah melakukan aktivitas yang mendukung pencegahan stunting, sehingga saya terbiasa melakukan aktivitas serupa.					

Maternal knowledge

No	Pertanyaan	Ya	Tidak
	Nutrisional Status		
1	Kekurangan nutrisi dalam jangka waktu lama bisa mengakibatkan stunting		
2	Ibu dengan pengetahuan nutrisi yang kurang baik bisa meningkatkan resiko anak mengalami stunting		
	Prenatal factor		
3	Anemia pada Ibu hamil beresiko melahirkan bayi stunting		
4	Genetik adalah factor utama anak mengalami stunting		
5	Pemeriksaan kehamilan rutin bisa mencegah berbagai gangguan kesehatan ibu dan janin		
	Postnatal factors		
6	Bayi premature beresiko mengalami stunting		
7	Melakukan Inisiasi Menyusu Dini (IMD) dapat mencegah stunting		
8	Memberikan ASI eksklusif selama 6 bulan dapat mencegah stunting		
9	Usia yang disarankan untuk makanan pendamping ASI adalah 6 bulan		
10	Makanan lokal yang beragam bisa digunakan untuk membuat MPASI padat gizi		
	General Health		
11	Kebersihan lingkungan dan akses air bersih yang buruk bisa menyebabkan permasalahan gizi anak		

12	Stunting hanya dapat diperbaiki ketika bayi sudah lahir		
13	Anak laki laki dan perempuan memiliki pertumbuhan yang sama, sehingga tinggi ideal keduanya sama.		
14	Paparan asap rokok bisa meningkatkan resiko kejadian stunting		
15	Melengkapi imunisasi dasar pada anak dapat membantu mengoptimalkan kesehatan & tumbuh kembang anak		

Sumber informasi pencegahan stunting

Saya banyak mendapatkan informasi tentang pencegahan stunting melalui:

(anda bisa memilih lebih dari satu)

<input type="checkbox"/>	Dokter / tenaga kesehatan pada fasilitas kesehatan (RS/Posyandu/Puskesmas/Klinik)
<input type="checkbox"/>	Social Media (Instagram, Tiktok, Facebook, dll)
<input type="checkbox"/>	Keluarga / Kerabat / Teman dekat
<input type="checkbox"/>	Kelas kehamilan / Persiapan persalinan
<input type="checkbox"/>	Lainnya, sebutkan ...

APENDIX 2

OUTPUT SPSS - AMOS

Kaiser – Meyer-Olkin & Bartlett’s Test

KMO and Bartlett's Test		
Kaiser-Meyer-Olkin Measure of Sampling Adequacy.		.717
Bartlett's Test of Sphericity	Approx. Chi-Square	1091.273
	df	55
	Sig.	.000

Reliability Test

1. Subjective Norms (SN)

Reliability Statistics		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.842	.840	11

2. Attitude Toward Behavior (ATT)

Reliability Statistics		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.846	.846	5

3. Perceived Behavior Control (PBC)

Reliability Statistics		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.594	.624	6

4. Intention Toward Stunting Prevention (INT)

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.815	.835	7

5. Behavior Toward Stunting Prevention (BEH)

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.888	.894	8

Model Fit – SEM AMOS

1. CMIN

Model	NPAR	CMIN	DF	P	CMIN/DF
Default model	43	305.602	110	.000	2.778
Saturated model	153	.000	0		
Independence model	17	2742.760	136	.000	20.167

2. IFI, TLI, CFI Value - Baseline Comparisons

Model	NFI Delta1	RFI rho1	IFI Delta2	TLI rho2	CFI
Default model	.889	.862	.926	.907	.925
Saturated model	1.000		1.000		1.000
Independence model	.000	.000	.000	.000	.000

3. RMSEA Value

Model	RMSEA	LO 90	HI 90	PCLOSE
Default model	.075	.065	.085	.000
Independence model	.247	.239	.255	.000

4. Hypothesis Testing (Regression Weight Table)

	Estimate	S.E.	C.R.	P	Label
Intention <--- Subjective_Norms	-.049	.115	-.424	.672	par_13
Intention <--- Attitude	-.126	.234	-.538	.591	par_14
Intention <--- Peceived_Behavior_Control	1.323	.265	5.002	***	par_15
Behavior <--- Intention	-.676	.408	-1.657	.098	par_16
Behavior <--- Peceived_Behavior_Control	1.679	.543	3.093	.002	par_17
SN11 <--- Subjective_Norms	1.000				
SN9 <--- Subjective_Norms	1.103	.144	7.633	***	par_1
SN7 <--- Subjective_Norms	.905	.138	6.566	***	par_2
BEH1 <--- Behavior	1.417	.165	8.582	***	par_3
BEH3 <--- Behavior	1.401	.157	8.929	***	par_4
BEH4 <--- Behavior	1.417	.161	8.792	***	par_5
BEH6 <--- Behavior	1.000				
INT3 <--- Intention	1.087	.071	15.290	***	par_6
INT2 <--- Intention	1.051	.068	15.508	***	par_7
INT1 <--- Intention	.892	.071	12.486	***	par_8
ATT5 <--- Attitude	.777	.072	10.754	***	par_9
ATT4 <--- Attitude	1.087	.085	12.837	***	par_10
ATT2 <--- Attitude	1.000				
PBC6 <--- Peceived_Behavior_Control	1.315	.142	9.266	***	par_11
PBC5 <--- Peceived_Behavior_Control	1.200	.139	8.649	***	par_12
PBC1 <--- Peceived_Behavior_Control	1.000				
INT4 <--- Intention	1.000				

306	4.36	4.41	4.49	4.60	4.15	4.76	4.45	4.55	4.40	3.47	4.67	4.28	4.29	4.14	4.52	3.74	4.65	3.87	4.19	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	4.43	4.36	4.71	4.65
307	4.36	3.22	4.49	4.60	4.15	4.76	3.06	4.55	4.40	3.47	3.37	4.28	4.29	4.14	4.52	3.74	3.24	2.54	4.19	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	4.43	4.36	2.83	4.65
308	4.36	4.41	4.49	4.60	4.15	4.76	4.45	4.55	4.40	3.47	4.67	4.28	4.29	4.14	4.52	3.74	4.65	2.54	4.19	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	4.43	4.36	4.71	4.65
309	4.36	4.41	4.49	4.60	3.00	4.76	4.45	4.55	4.40	3.47	4.67	4.28	4.29	4.14	4.52	3.74	4.65	3.87	4.19	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	4.43	4.36	4.71	4.65
310	4.36	3.22	3.08	2.51	3.00	3.60	4.45	2.66	4.40	1.95	3.37	2.37	2.83	3.01	2.43	1.96	3.24	2.54	3.00	1.87	2.90	3.00	1.93	2.18	2.82	2.60	2.53	2.67	3.04	2.26	2.93	2.71	3.11	3.14	3.06	3.61	3.47
311	3.03	3.22	2.29	2.51	2.31	4.76	3.06	3.38	4.40	3.47	3.37	3.04	2.83	4.14	4.52	1.96	3.24	2.54	4.19	1.00	2.90	3.00	3.56	2.18	4.40	2.60	2.53	2.67	3.04	2.95	2.93	2.71	3.11	3.14	3.06	3.61	3.47
312	2.31	3.22	4.49	3.28	3.00	4.76	4.45	2.66	4.40	3.47	4.67	4.28	4.29	4.14	4.52	3.74	4.65	3.87	3.00	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	3.04	4.20	4.45	4.14	4.51	4.43	4.36	4.71	4.65
313	4.36	4.41	4.49	3.28	4.15	4.76	4.45	4.55	4.40	3.47	3.37	4.28	4.29	4.14	4.52	3.74	4.65	1.91	4.19	3.65	4.33	2.04	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	3.14	4.36	4.71	4.65
314	4.36	4.41	4.49	4.60	4.15	4.76	4.45	4.55	4.40	3.47	4.67	4.28	4.29	4.14	4.52	3.74	3.24	1.91	3.00	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	4.32	4.20	4.45	4.14	4.51	4.43	4.36	4.71	3.47
315	4.36	2.44	1.00	2.51	4.15	2.80	1.00	4.55	4.40	1.00	2.59	2.37	2.83	1.00	4.52	3.74	4.65	2.54	4.19	3.65	4.33	4.49	3.56	3.89	4.40	4.31	4.12	4.08	2.29	4.20	4.45	4.14	4.51	2.26	2.37	2.83	2.68