



**CREATING AN ILLUSTRATION BOOK BASED ON "STOP BULLYING"
BOOK BY GHYNA AMANDA AND QUOTING FROM THE BIBLE TO
RAISE BULLYING AWARENESS**

UNDERGRADUATE THESIS

**Submitted as one of the requirements to obtain
Sarjana Desain**

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CHAPTER 1 INTRODUCTION 1.1 Background The definition of bullying was first introduced by Dan Olweus as repeatedly confronting persistent behavior to a person by one or more people (Olweus, 1973).

This can include verbal abuse or threats, physical violence or coercion, and can be done repeatedly directed at a particular person usually based on race, religion, gender, sexuality, or ability.

According to KPAI (Indonesian Child Protection Commission), as of now, bullying cases are at the top of the rankings for public complaints.

Bullying is what KPAI calls a form of violence in schools, overcoming student brawls, educational discrimination, or complaints of unlawful levies.

In line with what is written in the book Celebrate Your Weirdness Positives: Positive Teens Against Bullying, the victim of bullying experiences trauma to the perpetrator.

Victims also experience depression which results in decreased concentration, lack of confidence, the desire to bully as a form of revenge.

Social phobia also appears with the characteristics of fear of being seen or noticed in public, excessive anxiety, dropping out of school, bullying (suicide).

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ABSTRACT

Raising bullying awareness and boosting children's mental health through illustration book to help children understand the importance of mental health and the definition of bullying. The purpose of the project is to raise mental health awareness and boost children's self-esteem. The author will use a reputable source and quote from the Holy Bible to raise mental health awareness and prevent bullying. First, the informative comes from the reputable source which is the "Stop Bullying" book by Ghyna Amanda, which is about preventing bullying from happening and has very good content that is used in the illustration book. Second, raising the mental health awareness and boosting self-esteem could be from the children who have previously become a victim of bullying and have low self-esteem, by creating the illustration book to prevent bullying, the children could raise their self-esteem again and boost their mental health. Third, preventing bullying came from the content of the book. Some of the user testers have answered what they would do when they are a victim of a bully and they are all able to answer. Therefore, it can be concluded that if bullying could be prevented if the children (user tester) is bullied, they would do something to prevent it from happening.

Keywords: Illustration Book, Bullying, Bible, Children

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