



Interior Design of SPA Using Adaptive Reuse Approach

Case Study: Glory Bali Massage, Kuta, Bali

UNDERGRADUATE FINAL PROJECT

Submitted as one of the requirements to obtain Sarjana Desain (S.Ds.)

By

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ABSTRACT

Old buildings often have the potential to be repurposed, giving them new value without the need for full demolition. This study aims to transform a former restaurant into a SPA facility using an **adaptive reuse** approach, focusing on spatial efficiency, user comfort, and preservation of local identity. The research applied a qualitative method, including observation, documentation of existing conditions, user needs analysis, and interviews with the client. The design concept chosen is **Balinese Tropical Contemporary**, combining traditional Balinese values with modern aesthetics. The design process involved space analysis, relationship matrix, bubble diagram, and block plan to ensure functional and aesthetic flow. The result of this design is a clear vertical zoning: the first floor for public areas (receptionist, waiting area, manicure/pedicure), the second floor for treatment areas (sauna, soaking room, treatment room), and the third floor for private areas (VIP room, laundry, staff facilities). The use of natural materials, soft lighting, and Balinese decorative elements creates a warm and relaxing atmosphere that enhances the overall SPA experience.

Keywords: Adaptive Reuse, Balinese Tropical Contemporary, Glory Bali Massage, Interior Design, SPA Design, Tri Hita Karana

ABSTRAK

Bangunan lama sering kali memiliki potensi untuk digunakan kembali sehingga dapat memberikan nilai baru tanpa harus dibongkar seluruhnya. Penelitian ini bertujuan untuk mengubah sebuah bangunan restoran yang sudah tidak beroperasi menjadi fasilitas SPA dengan pendekatan adaptive reuse yang mengutamakan efisiensi ruang, kenyamanan pengguna, dan pelestarian identitas lokal. Metode penelitian menggunakan pendekatan kualitatif yang meliputi observasi, dokumentasi kondisi eksisting, analisis kebutuhan pengguna, serta wawancara dengan pemilik. Konsep desain yang digunakan adalah Balinese Tropical Contemporary, yang menggabungkan nilai-nilai tradisional Bali dengan estetika modern. Proses perancangan dilakukan melalui tahapan analisis ruang, penyusunan matriks hubungan, pembuatan diagram gelembung, hingga block plan. Hasil rancangan menghasilkan pembagian zona vertikal yang jelas: lantai 1 untuk area publik (resepsionis, ruang tunggu, manicure/pedicure), lantai 2 untuk area treatment utama (sauna, soaking room, treatment room), dan lantai 3 untuk area privat (VIP room, laundry, fasilitas staf). Pemilihan material alami, pencahayaan lembut, dan elemen dekorasi khas Bali menciptakan suasana yang hangat, menenangkan, serta mendukung pengalaman relaksasi optimal bagi pengguna.

Kata kunci: Adaptive Reuse, Balinese Tropical Contemporary, Desain Interior, Glory Bali Massage, Perancangan SPA, Tri Hita Karana

PREFACE

This thesis is hardly to be done without a big support. Therefore, I would like to express my gratitude to God Almighty, God Almighty who has given His love so that the author can complete this thesis with the title **“INTERIOR DESIGN OF SPA USING ADAPTIVE REUSE APPROACH CASE STUDY: GLORY BALI MASSAGE, KUTA, BALI”**. Secondly, I would like to express my deepest gratitude to several parties who have been instrumental in the completion of this thesis, including:

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The author realizes that this thesis still far from perfect because of the limited knowledge and experience that the author has. Therefore, the author expects criticism and suggestions both in writing and orally in this thesis which is expected to help the author to develop for the better in the future.

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