



**A Project to Develop Knowledge and Awareness of Sexual Harassment
Through the Implementation of Early Sex Education for Female Students
at SMPN 1 Purwakarta**

Conducted by:

Nada Yasmin Hadaya (016201900164)

**Advisor/ Implementing Lecturer: Riski M.
Baskoro, S.Sos., M.A (0427018701)**

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3. Knowledge field : Social Science / International Relations
4. Executor:
 - a. Implementing Lecturer : Riski M. Baskoro, S.Sos.,MA
NIDN : 0427018701
Email : riskibaskoro@president.ac.id
Phone : +6281932020290
 - b. Implementing Lecturer : Dr. Jeanne Francoise
NIDN :
Email : jeanne.francoise@president.ac.id
Phone : +6289622287893
 - c. Implementing Lecturer : Muhammad Farid, S.S, M.PA
NIDN :
Email : mfarid@president.ac.id
Phone : +62818609572
 - d. Address : Jababeka Education Park, Jl. Ki Hajar Dewantara, RT.2/RW.4, Mekarmukti, North Cikarang, Bekasi, Regency, West Java 17530.
5. Members
 - Member 1 : Nada Yasmin Hadaya
 - Student's ID : 016201900164
 - Member 2 : Regita Nursecillya Fatihah

Student's ID : 016202100076

Member 3 : Sisi Junita

Student's ID : 016202100152

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ABSTRACT

Sexual harassment is a growing global issue, particularly among teenagers. This social project aims to enhance students' knowledge and awareness of sexual harassment through the implementation of sex education. The activities were conducted at SMPN 1 Purwakarta using a semi-talkshow approach, educational video screenings, role-playing simulations, and poster creation with the theme "Stop Sexual Harassment," in collaboration with psychology experts. This program also supports Sustainable Development Goal (SDG) number 4 on Quality Education. The theoretical framework of this project includes Sigmund Freud's theory, which highlights the importance of psychosexual development. The methodology employed encompasses several planning stages, including pre-project preparation and post-project evaluation through survey feedback. The results demonstrated an improvement in students' understanding of sexual harassment, increased courage to report incidents, and positive impacts within the school environment. This project could serve as an initial step in normalizing sex education in Indonesia, creating a safer environment and preparing students for a more mature phase of life.

Keywords: Quality Education, Sex Education, Sexual Harassment, SMPN 1 Purwakarta, Sustainable Development Goals, Sigmund Freud's Psychosexual Theory.

ABSTRAK

Pelecehan seksual merupakan masalah global yang terus berkembang, terutama di kalangan remaja. Proyek sosial ini bertujuan untuk meningkatkan pengetahuan dan kesadaran siswa terhadap pelecehan seksual melalui implementasi pendidikan seksual. Kegiatan ini dilaksanakan di SMPN 1 Purwakarta dengan menggunakan pendekatan semi talkshow, pemutaran video edukasi, simulasi peran, dan pembuatan poster bertema "Stop Sexual Harassment" dengan berkolaborasi langsung oleh ahli Psikologi. Program ini juga mendukung Tujuan Pembangunan Berkelanjutan (SDGs) nomor 4 tentang Pendidikan Berkualitas. Kerangka teoretis proyek ini mencakup teori Sigmund Freud yang menyoroti pentingnya perkembangan psikoseksual. Metodologi yang digunakan meliputi beberapa tahap perencanaan, yaitu pra-proyek, beserta evaluasi pasca-proyek melalui umpan balik survei. Hasilnya menunjukkan peningkatan pemahaman siswa tentang pelecehan seksual, keberanian untuk melapor, serta dampak positif dalam lingkungan sekolah. Proyek ini dapat menjadi langkah awal dalam menormalisasi pendidikan seksual di Indonesia untuk menciptakan lingkungan yang lebih aman dan sebagai persiapan mereka untuk memasuki fase yang lebih dewasa.

Kata Kunci : Pendidikan Berkualitas, Pendidikan Seksual, Pelecehan Seksual, SMPN 1 Purwakarta, Tujuan Pembangunan Berkelanjutan, Teori Seksualitas Psikoseksual Sigmund Freud.